



POONAMS

Established since 1976

84/86 Western Road, Southall, Middlesex, UB2 5DZ

Tel 020 8574 4934 ~ 020 8571 3505

www.poonams.com ~ info@poonams.com

Open 7 days a week



Sweets Menu

	KILO
Ladoo Std	£8.00
Ladoo Motichoor	£9.00
Plain Barfi	£10.00
Pista/Badam Barfi	£10.00
Kaju Barfi	£10.00
Khoya Barfi	£12.00
Coconut Barfi	£10.00
Chocolate Barfi	£10.00
Gajrella Barfi	£10.00
Gajrella Plain	£10.00
Beesan Ghee	£9.50
Bessan Ladoo	£10.00
Mixed Sweets	£10.00
Habshi Halwa	£12.00
Patisa	£10.00
Petha	£10.00
Pink Mtc Ladoo	£10.00
Kaju Katri/Roll	£12.00
Milk Cake	£12.00
Perre	£10.00
Alsi Pinni	£10.00
Kala Kand	£12.00
Fine Sirni	£8.50
Badana	£8.50
Mesoo	£10.00

	KILO
Balushahi	£10.00
Cham Cham	£10.00
Jalebi Std/Ghee	£8.00
Gulab Jamun	£10.00
Kala Jamun	£10.00
Gulab Cutlet	£10.00
Rassogulla	£10.00
	PACKET
Rassomalai (4pcs)	£3.00
Kala/Gulab Jamun	£3.00
Rassogulla	£3.00
Mathia/Matri	£2.00
Shakarpore	£2.00
Mithi/Salt Sirn	£2.00
Phania	£2.00
Soan Papdi	£4.00
Panjeeri	£3.00

Hot and Cold Drinks

Lassi (Mango, Sweet, Salt)	£3.00
Can Drink	£1.00
Mineral Water	£0.70
Tea	£1.00
Coffee	£1.00
Falooda	£3.50

Discounts on all bulk orders



Vegetarian Starters

Veg Samosa	£0.50
Punjabi Samosa	£0.70
Paneer Samosa	£0.70
Spring Roll	£0.60
Paneer Roll	£0.70
Crispy Bhajiya (kg)	£8.00
Veg Pakora (kg)	£8.00
Gobi Pakora (kg)	£8.00
Paneer Pakora	£0.50
Mirch Pakora	£1.00
Paneer Tikki	£0.70
Aloo Tikki	£0.60
Dokla (400g)	£5.00
Dahi Bhalla (2pcs)	£2.50

Snacks

Kebab Roll (sml)	£2.00
Kebab Roll (lrg)	£3.00
Chicken Tikki Roll	£3.50
Fish Tikka Roll	£3.50
Papri Chaat	£4.00
Samosa Chaat	£4.00
Channa Chaat	£4.00
Panni Puri (6pcs)	£3.00

Mix Veg Paneer Roll	£3.00
Kulcha Channa (2pcs)	£6.00

Meat Starters

Meat Samosa	£0.60
Chicken Samosa	£0.60
Lamb Kebab	£1.00
Chicken Kebab	£1.00
Chicken Tikka (kg)	£12.00
Chicken Drumstick	£1.00
Chicken Tandoori Leg	£2.25
Fish Pakora (kg)	£10.00

Sundries

Pilau Rice	£2.80
Lamb Biryani	£5.00
Chicken Biryani	£5.00
Veg Biryani	£4.00
Dahl Plain	£1.80
Dahl Raita	£2.20
Dahl Bhalle	£2.50
Achaar	£0.20
Large Imli Chutney	£2.00

Contact us for delivery services



Vegetarian Curries

Mattar Paneer	£6.00
Shahi Paneer	£6.00
Saag Paneer	£6.00
Saag Aloo	£6.00
Sarson Ka Saag	£6.00
Mix Veg	£5.00
Channa Curry	£4.00
Daal Tadka	£4.00
Daal Makani	£4.00
Aloo Gobi	£5.00
Bhindi	£6.00
Punjabi Kadhi	£5.00
Stuffed Karela	£5.00

Breads

Aloo Parantha	£2.00
Aloo Methi Parantha	£2.00
Paneer Parantha	£2.00
Gobi Parantha	£2.00
Mooli Parantha	£2.00
Mix Parantha	£2.00
Roti Tava	£0.70
Tandoori Roti	£0.90
Naan	£0.80
Bhatura	£0.80
Makki Roti	£1.50

Non-Veg Curries

Lamb Karahi	£8.00
Lamb Saag	£8.00
Lamb Curry	£8.00
Lamb Keema Peas	£7.00
Chicken Karahi	£7.00
Chicken Saag	£7.00
Chicken Tikka Masala	£7.00
Chicken Curry	£7.00

Allergy Advice

Products on these premises contain nut products, peanuts, milk products, gluten, mustard, sesame seeds, fish, soya flour and celery.

Wedding & Event Services

Contact us to discuss our full range of services which include catering, waiting staff, decor, event planning, venues and more.

